

**PERSONAL HEALTH AND MEDICAL RECORD FORM – CLASS 3**

**Identification**      Age: \_\_\_\_\_ Sex \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Last Name                      First Name                      Initial                      Mo.                      Day                      Year

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**IN AN EMERGENCY NOTIFY:**  
 Parent: \_\_\_\_\_ Home: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 Address: \_\_\_\_\_ Work: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ - \_\_\_\_\_

**Other Emergency Contact:**  
 Name: \_\_\_\_\_ Home: ( ) \_\_\_\_\_ - \_\_\_\_\_  
 Work: ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ - \_\_\_\_\_

**BOY SCOUTS OF AMERICA**

All class 3 activities require a health examination within the past 12 months by a licensed health-care practitioner.\* This includes youth and adult members participating in high-adventure activities, athletic competition and world jamborees. Annually, this form is to be used by adults over 40 for all activities requiring a physical examination and applies to all Woodbadge participants/staff regardless of age.

**EMERGENCY MEDICAL INFORMATION**

Has or is subject to (check and give details, use back if needed):

Allergy to a medicine, food\*\*, plant, animal or insect toxin  
 Any condition that may require special care, medication or diet  
 ADHD (Attention Deficit Hyperactive Disorder)  
 Asthma     Convulsion     Heart trouble     Contact lenses  
 Diabetes\*\*     Fainting spells     Bleeding disorders     Dentures

Explain: \_\_\_\_\_

**GENERAL INFORMATION**

This Personal Health & Medical Record is treated as confidential. Medical information may be shared with necessary staff members to insure the health and safety of the applicant.

**All prescribed medication must be in the original container and properly labeled by a physician or pharmacist. Ensure enough medication is provided for the length of the applicants stay at camp. All medication left at camp will be destroyed within one week after applicant leaves camp.**

**Additional Notes:**

\_\_\_\_\_

\_\_\_\_\_

**Health/Accident Insurance Company:**

\_\_\_\_\_

\_\_\_\_\_

**Policy #** \_\_\_\_\_     We do not have insurance

**PARENTAL STATEMENT**

Has it ever been necessary to restrict applicant's activities for medical reasons?  Yes     No Does applicant take medicine regularly or have special care?  No     Yes If yes, explain: \_\_\_\_\_

I have reviewed and to the best of my knowledge, the information in sections I, II, III, IV, and VI, is accurate and complete. I request a licensed health-care practitioner to examine applicant, to give needed immunization and to furnish requested information to other agencies as needed. I give my permission for all participation in BSA programs, subject to limitations noted herein. In the event of illness or accident in the course of such activity, I request that measures be instituted without delay as judgment of medical personnel dictates.

**Parent or guardian** \_\_\_\_\_  
(must sign if applicant is 18 or younger)

Applicant's signature \_\_\_\_\_  
 Date signed \_\_\_\_\_

**IMMUNIZATIONS**

If disease, put "D" and year,                      Last date given

Tetanus                      / /  
 Diphtheria                      / /  
 Pertussis                      / /  
 Measles                      / /  
 Mumps                      / /  
 Rubella                      / /  
 Polio                      / /  
 Chicken Pox                      / /  
 Hepatitis B                      / /  
 Haemophilus                      / /  
 Influenza – B                      / /

Religious preference \_\_\_\_\_

Name: \_\_\_\_\_

Unit \_\_\_\_\_

Note: Keep original form for your personal record. Make reproductions for agency use. Be sure information and signatures are legible on reproduced copies. The upper section may be reproduced

**IMPORTANT NOTICE FOR ALL CAMPER ATTENDING A NEW YORK STATE CAMP FOR MORE THAN 7 NIGHTS**

New York State legislation passed in 2003 requires all camps to provide information on meningitis to all families of campers who attend camp for more than seven nights. The law also requires parents of these campers to acknowledge receipt of this information and indicate whether or not the camper has been immunized against meningitis.

The required response form must be attached to this form in order for any camper to attend camp for more than seven nights.

If your child will be camping with us for more than seven nights and the information and response form are not attached to this medical record, please contact Camping Services at (212) 651-2955. The information and response form can also be downloaded from [tenmileriver.org](http://tenmileriver.org).

Thank you for your assistance in this important matter regarding your child's health.

**FOR CAMP USE ONLY**

**MEDICAL RE-CHECK**

Allergies     Yes     No \_\_\_\_\_                      Restrictions     Yes     No \_\_\_\_\_

Medications     Yes     No \_\_\_\_\_                      Medical Alert     Yes     No \_\_\_\_\_

Feels Today \_\_\_\_\_                      New Condition \_\_\_\_\_

Emergency contact information verified  \_\_\_\_\_

Notes: \_\_\_\_\_

**MEDICAL RE-CHECK**

Allergies     Yes     No \_\_\_\_\_                      Restrictions     Yes     No \_\_\_\_\_

Medications     Yes     No \_\_\_\_\_                      Medical Alert     Yes     No \_\_\_\_\_

Feels Today \_\_\_\_\_                      New Condition \_\_\_\_\_

Emergency contact information verified  \_\_\_\_\_                      Notes: \_\_\_\_\_

# FOR USE AT GREATER NEW YORK COUNCILS CAMPS

## HEALTH EXAMINATION

### Licensed Health-Care Practitioner:

The applicant will be participating in a strenuous activity that will include one or more of the following: athletic competition, adventure challenge or wilderness expedition (afloat or afloat) that may include high altitude, extreme weather conditions, cold water, exposure, fatigue, and/or remote conditions where readily available medical care cannot be assured.

Please insist applicant furnish complete medical history before exam.

Review immunizations (**over**): for youth (18 or younger) tetanus and diphtheria toxoids, measles, mumps and rubella vaccines and trivalent oral polio vaccine are required; youths and adults must have tetanus booster within ten years. A measles booster is recommended at age 12.

**Summarize any restrictions and/or recommendations below, review medication orders, list medication(s) and strike any medication not approved for use and sign.**

**VISION:                      HEARING:**

Date \_\_\_\_\_ Normal \_\_\_\_\_ Normal \_\_\_\_\_  
 Ht. \_\_\_\_\_ Glasses \_\_\_\_\_ Abnormal \_\_\_\_\_  
 Wt. \_\_\_\_\_ Contacts \_\_\_\_\_  
 B.P. \_\_\_\_\_/\_\_\_\_\_ Pulse \_\_\_\_\_

**Check box if normal; circle if abnormal & give details below:**

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Growth, development | <input type="checkbox"/> Respiratory         | <input type="checkbox"/> Neuropsychiatry        |
| <input type="checkbox"/> Teeth, tonsils      | <input type="checkbox"/> Skeletomuscular     | <input type="checkbox"/> Eyes, ears, nose       |
| <input type="checkbox"/> Genitourinary       | <input type="checkbox"/> Head, neck, thyroid | <input type="checkbox"/> Abdomen, hernia, rings |
| <input type="checkbox"/> Skin, glands, hair  | <input type="checkbox"/> Cardiovascular      | <input type="checkbox"/> Other (specify)        |

Comments \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**LABORATORY: Urinalysis (dip stick)** Albumin \_\_\_\_\_ Sugar \_\_\_\_\_

### LICENSED HEATH-CARE PRACTITIONER'S EVALUATION & ADVICE

Approved for participation in:

- Hiking and camping                       Water activities  
 Competitive sports                       All activities

Specify exceptions \_\_\_\_\_

Recommendations (explain any restrictions or limitations): \_\_\_\_\_

### HEALTH-CARE PRACTITIONER MEDICATION ORDERS

**Applicant takes the following medication(s):**

Med. #1 \_\_\_\_\_ Dosage \_\_\_\_\_ Times \_\_\_\_\_

Med. #2 \_\_\_\_\_ Dosage \_\_\_\_\_ Times \_\_\_\_\_

To note additional medications or give more detailed information use section X or attach additional page(s). Identify any medication(s) taken during the school year that applicant does/may not take during the summer.

The camp Medical Officer may give the following over the counter medications as per label instructions based on age and weight. **Strike out any medication that should not be given**

- |                        |                                      |
|------------------------|--------------------------------------|
| •Diphenhydramine USP   | •Topical Tinactin Liquid or powder   |
| •Chlortrimeton         | •Chloraseptic Gargle (or equivalent) |
| •Ivarest Topical       | •Caladryl Topical                    |
| •Calamine Topical      | •Topical Hydrocortisone 0.5% cream   |
| •Guiatuss (Robitussin) | •Kaopectate                          |
| •Novafed               | •Sudafed                             |
| •Actifed               | •Ibuprophen                          |
| •Acetaminophen         | •Other _____                         |

**Health Care Providers Name** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Date** \_\_\_\_\_ **Signed** \_\_\_\_\_

**Licensed health-care practitioner**

Examinations conducted by licensed health-care practitioners other than physicians will be recognized for BSA purposes in those states where such practitioners may perform physical examinations within their legally prescribed scope of practice.

## MEDICAL HISTORY

**Parent (or applicant if 18 or older):** Fill in front sections before seeing a licensed health-care practitioner. Check immunizations to be given at this time. Be sure to include any emergency information and restrictions or special care that should be observed. Especially be sure to record any injuries, illnesses, surgery or significant changes in condition of health of applicant since last complete examination.

Date of most recent complete physical examination (month & year) \_\_\_\_\_ 20\_\_\_\_

Are you aware of any current health problems?  
 Yes       No

Now under medical care or taking medications?  
 Yes       No

Has there been any surgery, injury, illness or change in health status since last complete physical examination?

Yes       No

Give dates and full details below for any "yes" answers.

### IS THERE DISEASE OF (OR PAST OR PRESENT HISTORY OF):

Details:	No	Yes	Date
Serous illness	<input type="checkbox"/>	<input type="checkbox"/>	_____
Serious injury	<input type="checkbox"/>	<input type="checkbox"/>	_____
Deformity	<input type="checkbox"/>	<input type="checkbox"/>	_____
Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
Skin, glands	<input type="checkbox"/>	<input type="checkbox"/>	_____
Ears, eyes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nose, sinus	<input type="checkbox"/>	<input type="checkbox"/>	_____
Teeth, tonsils	<input type="checkbox"/>	<input type="checkbox"/>	_____
Dentures	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bridge	<input type="checkbox"/>	<input type="checkbox"/>	_____
Chest, lungs	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart	<input type="checkbox"/>	<input type="checkbox"/>	_____
Murmur	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rheumatic fever	<input type="checkbox"/>	<input type="checkbox"/>	_____
Appendicitis	<input type="checkbox"/>	<input type="checkbox"/>	_____
Kidneys or urine	<input type="checkbox"/>	<input type="checkbox"/>	_____
Albumin	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sugar	<input type="checkbox"/>	<input type="checkbox"/>	_____
Infection	<input type="checkbox"/>	<input type="checkbox"/>	_____
Bed-wetting	<input type="checkbox"/>	<input type="checkbox"/>	_____
Menstrual problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hernia (rupture)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Back, limbs, joints	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sleepwalking	<input type="checkbox"/>	<input type="checkbox"/>	_____
Nervous condition	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other (explain)	<input type="checkbox"/>	<input type="checkbox"/>	_____